



# SQUARE ONE DANCE INTENSIVE '26 SCHEDULE



Midland, MI: Sunday, February 1st - 2026

*Schedule is tentative and subject to change.*

## **AGES 6 - 12 years**

***8 and Under, 9-12 Years, and 9-12 Advanced Levels offered***

7:30 am	Main Lobby check in; <i>dancers who choose to check in on Saturday can go directly into the auditorium</i>		
7:45-8:00 am	Welcome		
8:00-8:30 am	Warm Up/Tech		
8:30-9:20 am	Jazz (8 and Under)	Lyrical (9-12 Years)	Hip Hop (9-12 ADV)
9:25-10:15 am	Lyrical (8 and Under)	Hip Hop (9-12 Years)	Jazz (9-12 ADV)
10:20-11:10 am	Hip Hop (8 and Under)	Jazz (9-12 Years)	Lyrical (9-12 ADV)
11:15-11:45 am	Spectators welcome; show routines, presentation of scholarships		
11:45-12:30	<b>Lunch Break / Prepare for Showcase</b>		
12:30-1:30	<b>SHOWCASE</b>		

## **AGES 13 and Over** – ***Beginner/Intermediate and Advanced Levels offered***

1:45 pm	Main Lobby check in; <i>dancers who choose to check in on Saturday can go directly into the auditorium</i>		
2:00-2:15 pm	Welcome		
2:15-2:45 pm	Warm Up/Tech		
2:50-3:40 pm	Hip Hop ( <i>Beginner/Intermediate</i> )	Jazz ( <i>Advanced</i> )	
3:45-4:35 pm	Jazz ( <i>Beginner/Intermediate</i> )	Lyrical ( <i>Advanced</i> )	
4:40-5:30 pm	Lyrical ( <i>Beginner/Intermediate</i> )	Hip Hop ( <i>Advanced</i> )	
5:30-6:00 pm	Spectators welcome; show routines, presentation of scholarships		

**Visit the 'SQUARE ONE' Event Page:**  
**[www.DanceForceXpress.com](http://www.DanceForceXpress.com)**