KIKKI LONE JUDGE

Auburn POM INVITATIONAL 2027



With 20 years of experience in pompon as an athlete, captain, choreographer, coach, and mentor, she brings a diverse and well-rounded perspective to the judging table. Her coaching background has given her a comprehensive understanding of performance, technique, and team development across all levels of the sport—from middle school through collegiate.

Kikki's pompon journey began at H.H. Dow High School, where she was a member of Dow Pompon for 3.5 years and served as captain for two. She was also a two-year member of the Mid American All Star Team. She went on to compete for four years with the Saginaw Valley State University Pompon Team, serving as Secretary for one year and President for two years on the Executive Board.

During her time at SVSU, Kikki also coached Dow JV Pompon for one year and Swan Valley Middle School Pompon for two years. After moving to West Michigan, she coached Grand Valley State University Pompon for eight years. Throughout her coaching career, she has helped teams achieve new levels of success while fostering strong, sustainable programs through athlete development and mentorship of emerging leaders and coaches.

Beyond her own teams, Kikki has supported pompon programs through tryout judging, team training, and choreography. She is passionate about teaching the fundamentals of pompon while emphasizing creativity, collaboration, and personal development. Kikki currently serves as a Coach Guide for Mid American Pompon's Coach Connect, where she mentors coaches and shares her knowledge across all aspects of the sport.