

WINTER WISHES

POM AND DANCE COMPETITION

DOORS OPEN AT 7:30 AM

NOTE: These are **tentative** start times for planning purposes.
Updated times will be posted prior to the competition.

8:00 am: SESSION 1

SOLOS and DUO/TRIOS: 12 and Under, 13-15 Years

10:05 am: SESSION 2

TEAM ROUTINES: Mini, Petite, Junior High,

12:20 pm: SESSION 3

*TEAM ROUTINES: Junior Varsity, 12 and Under All Star,
13 and Over All Star, Collegiate*

SOLOS: Collegiate

3:15 pm: SESSION 4

*TEAM ROUTINES: Varsity Hip Hop, Open,
Jazz/Lyrical/Contemporary*

5:50 pm: SESSION 5

TEAM ROUTINES: Varsity Pom

7:25 pm: SESSION 6

SOLOS and DUO/TRIOS: 16 and Over

Estimated
end
time:
9:15 pm

SATURDAY - JANUARY 24TH - 2026
Rochester High School

Schedule will be posted 2 weeks prior to the competition.

www.DanceForceXpress.com